

SAC-24 Knee Skills-

Aligned

2 TNMC Credit Points Awarded

SAC

SCOPY WORKSHOP - 27 SEP 2024

Friday 09.00 am - 05.00 pm
(LIMITED TO 40 DELEGATES)

Aimed for Beginners @ Arthroscopy



Course Director : **Dr. C. SUGAVANAM**
Course Co-ordinator : **Dr. P. NARENDRAN**
: **Dr. G. KARTHIEKEYAN**
: **Dr. ADHITH SUGAVANAM**

TIME	TOPICS	FACULTY
8.30 - 9.00 am	Registration	
9.00 - 9.10 am	Inauguration	
	LECTURE - 1	
9.10 - 9.20 am	Arthroscopy Tower & Components	Dr. Aravind Arunachalam
9.20 - 9.30 am	Hand Instruments	Dr. Shreeram venkatachalam
9.30 - 9.40 am	Portals & Surface Markings	Dr. K. Sathish Kumar
9.40 - 9.50 am	Diagnostic Arthroscopy	Dr. Bhupesh Karthick
10.00 - 11 am	<p>HANDS ON WORKSHOP - 1</p> <p>4 Stations - Knee Models with Arthroscopy Tower :</p> <p>GOALS :</p> <ol style="list-style-type: none"> 1. Identifying Different Components of Video Stack & Wire Connections 2. Individual Components and their Functions (Arthroscope, Camera Unit, Monitor, Video Signal Storage Unit, Fibro Optic Light Cable Source, Shaver & Radiofrequency) 3. How to Achieve Good Quality Imaging 4. Patient Positioning in OT Table 5. Surface Marking & Portal Placement 6. Identify Hand Instruments and Their Functions 	
Each Table 10 Delegates Only		
	LECTURE - 2	
11.00 - 11.10 am	Meniscus Tear & Assessment	Dr. M.J. Krishna Kumar
11.10 - 11.20 am	Meniscus Balancing	Dr. I. Geethan
11.20 - 11.30 am	Meniscus Repair	Dr. B.M. Shammas
11.30 - 11.40 am	Assessment of Degenerative Chondral Changes in Knee	Dr. Mohan Kumar

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TIME	TOPICS	FACULTY
11.40 to 1.00 pm Each Table 10 Delegates Only	HANDS ON WORKSHOP - 2	
	4 Stations - Knee Models with Arthroscopy Tower : Meniscus Repair - Dr. Shammas B.M GOALS : 1. Diagnostic Arthroscopy 2. Triangulation 3. Probing of Structures 4. Loose Body Removal 5. Meniscus Tear Assessment & Balancing 6. Meniscus Repair - Different Techniques	
1.00 to 1.30 pm	LUNCH BREAK	
	LECTURE - 3	
1.30 to 1.40 pm	Clinical / Radiological Assessment of ACL Injury	Dr. Venkatesh (psg)
1.40 to 1.50 pm	ACLR Graft Harvesting	Dr. Bhupesh Karthick
1.50 to 2.00 pm	ACLR Foot Print & Bone Tunnels	Dr. Krishna Kumar M.J
2.00 to 2.10 pm	ACLR Fixation Technique & Devices	Dr. P. Narendran
2.10 to 2.20 pm	ACLR Complications	Dr. I. Geethan
2.20 to 2.30 pm	ACLR Rehab	Dr. M. Sathish Kumar
2.30 to 3.30 pm Each Table 10 Delegates Only	HANDS ON WORKSHOP - 3	
	4 Stations with Saw Bone Model Goals : 1. ACL Single Bundle Reconstruction 2. Femoral Tunnel Calculation & Drilling 3. Tibial Tunnel Drilling 4. Fixed Loop vs Adjustable Loop Devices	

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TIME	TOPICS	FACULTY
3.30 to 4.30 pm	RADIOLOGY - 4 STATIONS	
Each Table 10 Delegates Only		Rotation to Each Table Every 15 Minutes
	Table 1 - MRI - ACL	Dr. Venkatesan
	Table 2 - MRI - Meniscus	Dr. Premkumar Jaisankar
	Table 3 - MRI - PCL / PLC / MCL	Dr. P. Lakshmi Prasanthi Dr. Parivel
	Table 4 - MRI - Traumatic Conditions of Knee, OCD, cysts, Cartilage Degeneration, tumours, PVNS,	Dr. Sivaranjini Dr. Dona K. Vinson
4.30 to 5.00 pm	HANDS ON WORKSHOP - 4	
5.00 to 5.30 pm	Career Guindelines MCQ Book Distribution Conclusion	

WORKSHOP FACULTIES

Table	Coordinator	Ortho Faculties	Radiology Faculties
1	Dr. P. Narendran	Dr. Bhupesh Karthick Dr. Mohan Kumar	Dr. Venkatesan Dr. Sivaranjini
2	Dr. Shreeram Venkatachalam	Dr. Geethan Dr. Venkatesh (psg)	Dr. P. Lakshmi Prasanthi Dr. Parivel
3	Dr. Aravind Arunachalam	Dr. K. Sathish Kumar Dr. Shammass B. M	Dr. Premkumar Jaisankar
4	Dr. M. Sathish Kumar	Dr. Krishnakumar M. J	Dr. Dona K. Vinson