

SAC-24 Knee Skills-

Aligned

Hall - A

KNEE ARTHROPLASTY - SCIENTIFIC PROGRAMME

CME Credit Points Awaited

Day - 1

28-09-2024 Saturday

TIME	TOPICS	FACULTY
08.45 to 09.00 am	Introduction of the Course	Dr. C. Sugavanam Course Chairman
09.00 to 10.00 am	SESSION 1 - Basics	
09.00 to 09.10 am	Surgical Approaches of TKR	Dr. P. Shanmugasundaram
09.10 to 09.20 am	Pre - op Radiological Assessment	Dr. V. Thirunarayanan
09.20 to 09.30 am	Obesity / Bilateral - Precautions & Tips	Dr. M. Muthusaravanan Kumar
09.30 to 09.45 am	Deformity corrections - Principles	Dr. P. Sankaralingam
10.00 to 11.00 am	LIVE SURGERY -1	
11.00 to 12.00 pm	SESSION 2 - Alignment	
11.00 to 11.10 am	All alignments - Explained !	Dr. Adarash Annapa Reddy
11.10 to 11.20 am	MR With smart glasses is better than Robotics	Dr. Manish Shah
11.20 to 11.30 am	Mechanical alignment - "Gold Standard"	Dr. BRJ Sathish Kumar
11.30 to 11.45 am	Robotics - help me in getting the alignment I want	Dr. Adarash Annapa Reddy
11.45 to 12.15 pm	Panel discussion	
12.15 to 01.40 pm	LIVE SURGERY - 2	Dr. Manish Shah
01.40 to 02.10 pm	Lunch	
02.10 to 03.40 pm	SESSION - 3	Moderator Dr. P. Yuvarajan
	A) Balancing Methods	
02.10 to 02.20 pm	"C-PAK" - Re Aligning my way of TKR Thinking !	Dr. Vijay.C.Bose
02.20 to 02.30 pm	Gap Balancing - Most crucial step in TKR	Dr. Karthik Shukla
02.30 to 02.40 pm	Measured Resection	Dr. S. Chokkalingam
02.40 to 02.50 pm	Robotic Assisted Balancing	Dr. G. Mukesh Mohan
02.50 to 03.00 pm	Panel Discussion	
	B) Tibial defect Management	
03.00 to 03.15 pm	Tibia - alignment, Stem, Cementing, Wedges	Dr. Sathish Devadoss
03.15 to 03.25 pm	Cones & Sleeves	Dr. S.D.I. Ranjit
03.25 to 03.45 pm	Case Based Panel discussion	Dr. Pradeep Poonnoose
03.45 to 04.45 pm	LIVE SURGERY - 3 Moderators - Dr. Pradeep poonnoose, Dr. P. Yuvarajan	Dr. Vijay C. Bose
05.00 to 06.00 pm	SAC 24 Oration - Dr. David V Rajan	Prof. Deen Mohammed Ismail President - TNOA
07.30 to 10.00 pm	Inauguration - Arthroscopy Sports Medicine divison COURSE DINNER	

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Day - 2

29-09-2024 Sunday

TIME	TOPICS	FACULTY
08.00 to 09.00 am	LIVE SURGERY - 4	
09.00 to 10.05 am	SESSION 5	
09.00 to 09.15 am	Indication and technique in Uni TKR	Dr. Karthik Shukla
09.15 to 09.25 am	Relevance of PCL in various TKR Designs	Dr. P. Gopinathan
09.25 to 09.35 am	Cruciate Retaining / Dished	Dr. G. Balasubramaniam
09.35 to 09.45 am	Mobile Bearing - Knee Needs Rotation !	Dr. Karthik Shukla
09.45 to 09.55 am	Pivot Knee - How it works	Dr. Krishna kiran
09.55 to 10.05 am	Panel discussion	
10.05 to 11.35 am	LIVE SURGERY - 5	Dr. C. Sugavanam
11.35 to 12.35 pm	SESSION 6 - Complication in TKR	
11.35 to 11.45 am	Intra Op Disaster - fractures, ligament, Nerve & Vascular injury	Dr. P. Yuvarajan
11.45 to 11.55 am	2nd week wound discharge - knife vs Injection	Dr. R. Siva Kumar
11.55 to 12.05 am	Stiff & Painful TKR	Dr. S. Vetrivel Chezian
12.05 to 12.25 am	Case Based Panel Discussion	Dr. Mohandoss
12.30 to 01.50 pm	LIVE SURGERY - 6	Dr. Krishna kiran
01.50 to 02.50 pm	SESSION - 7	
02.50 to 03.00 pm	1st Stage Revision - Spacer	Dr. A.S. Thennavan
03.00 to 03.10 pm	2nd stage Revision - when, how?	Dr. K. Kalaivanan
03.10 to 03.20 pm	Aseptic Revision TKR	Dr. Krishna kiran
03.20 to 03.30 pm	Hinged TKR	Dr. C. Rex
03.30 to 03.50	Panel discussion	
03.50 to 04.20 pm	LIVE SURGERY - 7	Dr. P. Gopinathan
04.20 to 05.20 pm	SESSION - 8	
04.20 to 04.30 pm	Periprosthetic fracture - classification & Assessment	Dr. N. Manikandan
04.30 to 04.40 pm	Complex Periprosthetic TKR Femur Fractures - Hybrid fixation with RFNA Nailing and LCP - is it the Final Solution ?	Dr. Pradeep Poonnoose
04.40 to 04.50 pm	Extra Articular deformity	Dr. Jeya Prakash
04.50 to 05.00 pm	Ceramic / Oxinium / Gold Knees	Dr. Paari Selvaraj
05.00 to 05.20 pm	Panel Discussion	
05.20 to 05.30 pm	CONCLUSIONS	

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Hall - B

SHOULDER ARTHROSCOPY SCIENTIFIC PROGRAMME

CME Credit Points Awaited

Day - 1

28-09-2024 Saturday

TIME	TOPICS	FACULTY
08.00 to 08.45 am	Registration	
08.45 to 09.00 am	Introduction of the Course	Dr. C. Sugavanam Course Chairman
SESSION - 1 INSTABILITY PART-1 MODERATOR - Dr. CLEMENT JOSEPH		
09.00 to 09.10 am	Evaluation of patient with instability	Dr. Kathir Azhagan stalin
09.10 to 09.20 am	Bankart & remplissage indications & surgical technique	Dr. M. Shyam Sundar
09.20 to 09.30 am	Failure of bankart and bankart plus procedures - management	Dr. M. Jyothi Prasanth
09.30 to 09.40 am	Bony bankart tear management	Dr. Karthik M Selvaraj
09.40 to 09.50 am	Q & A	
09.50 to 10.30 am	LIVE SURGERY - 1 BANKART +/- REMPLISSAGE	Dr. M. Shyam sundhar
SESSION - 2 INSTABILITY PART - 2 MODERATOR - Dr. KARTHIK SELVARAJ		
10.30 to 10.40 am	Chronic shoulder instability with Glenoid bone loss - approach	Dr. K.N. Subramaniam
10.40 to 10.50 am	Open Latarjet - technique & complications	Dr. Clement joseph
10.50 to 11.00 am	Arthroscopic bone block procedures	Dr. S. Shirish Pathak
11.00 to 11.10 am	Posterior shoulder instability	Dr. R. Senthilvelan
11.10 to 11.20 am	Q & A	
11.20 to 12.10 pm	LIVE SURGERY - 2 Open Latarjet	Dr. Clement Joseph
SESSION - 3 ROTATOR CUFF MODERATOR - Dr. K.N. SUBRAMANIAN		
12.10 to 12.20 pm	Evaluation of patient with cuff tear & non operative treatment options	Dr. M. Shyam Sundar

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SHOULDER ARTHROSCOPY SCIENTIFIC PROGRAMME

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Day - 1

28-09-2024 Saturday

TIME	TOPICS	FACULTY
12.20 to 12.35 pm	Subscap tear & repair (inside & outside box)	Dr. Ashish Babhulkar Dr. Karthiekeyan Ganesan
12.35 to 12.45 pm	Trans osseous cuff repair	Dr. R. Senthilvelan
12.45 to 12.55 pm	Cuff repair surgical technique (SR / DR)	Dr. Clement Joseph
12.55 to 01.05 pm	Q & A	
01.05 to 01.55 pm	LIVE SURGERY - 3 Rotator cuff Repair	Dr. S. Shirish Pathak
	SESSION - 4 ARTHROPATHY MODERATOR - Dr. SENTHILVELAN R	
02.10 to 02.25 pm	Massive irreparable cuff tear - approach	Dr. S.R Sundararajan
02.25 to 02.40 pm	Role of TSA & Hemi in arthritis	Dr. K.N. Subramaniam
02.40 to 02.55 pm	RSR - biomechanics, Preop Planning surgical technique, tips and tricks	Dr. S.Shirish Pathak
02.55 to 04.00 pm	LIVE SURGERY - 4 RSR	Dr. Karthik M Selvaraj
	SESSION - 5 MINI BITES MODERATOR - Dr. SHIRISH PATHAK	
04.10 to 04.20 pm	Frozen shoulder - approach	Dr. S.R. Sundararajan
04.20 to 04.30 pm	AC Joint dislocation - management	Dr. Kathir Azhagan stalin
04.30 to 04.40 pm	Injections in shoulder do's & don't's	
04.40 to 05.00 pm	TEA BREAK	
05.00 to 06.00 pm	SAC 24 Oration - Dr. David V Rajan	Prof. Deen Mohammed Ismail President - TNOA
07.30 to 10.00 pm	Inauguration - Arthroscopy Sports Medicine divison COURSE DINNER	

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Day - 2

29-09-2024 Sunday

TIME	TOPICS	FACULTY
08.00 to 09.00 am	LIVE SURGERY - 5 TRANS OSSEOUS CUFF REPAIR	Dr. R. Senthilvelan
SESSION - 1 ACL MODERATOR - Dr. S.R. SUNDHARAJAN		
09.00 to 09.10 am	ACL anatomy - current understanding	Dr. M. Jyothi prasanth
09.10 to 09.20 am	Graft options in ACLR	Dr. I. Geethan
09.20 to 09.30 am	Graft fixation techniques & complications	Dr. Prahalad Kumar Singhi
09.30 to 09.40 am	Planning & workup for revision ACL	Dr. K. Santhosh Sahanand
09.40 to 09.50 am	Q & A	
09.50 to 10.30 am	LIVE SURGERY - 6 ACLR	Dr. B. Bhupesh Karthik
SESSION - 2 MENISCUS MODERATOR - Dr. SIBIN SURENDRAN		
10.30 to 10.40 am	Repair vs balancing when & why	Dr. P. Gopinathan
10.40 to 10.50 am	Different techniques of repair	Dr. R. Rajanish
10.50 to 11.00 am	Meniscus root tear - my approach	Dr. K. Baskaran
11.00 to 11.15 am	Role of LET in ACLR	Dr. Jin Goo Kim / Dr. Narendran
11.15 to 11.25 am	Q & A	
11.25 to 12.10 pm	LIVE SURGERY - 7 MENSICUS REPAIR +/- ACLR	Dr. K. Santhosh sahanand
SESSION - 3 PCL & COLLATERALS		
12.10 to 12.20 pm	PCL Injury evaluation & Decision making	Dr. Sabin Surendran
12.20 to 12.30 pm	PLC Injuries & reconstruction Techniques	Dr. Prahalad Kumar Singhi
12.30 to 12.40 pm	Medial side Injuries - current concepts	Dr. M. Jyothi prasanth

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Day - 2

29-09-2024 Sunday

TIME	TOPICS	FACULTY
12.40 to 01.00 pm	Knee dislocation - approach, multiligament Injury case - based discussions (Q & A)	Dr. S.R. Sundararajan
01.00 to 01.10 pm	Q & A	
01.00 to 02.00 pm	LIVE SURGERY - 8 PCLR +/- PLC	Dr. Sibin Surendran
SESSION - 5 HTO MODERATOR - Dr. SANTHOSH SAHANAND		
02.00 to 02.10 pm	Indications for HTO & Planning	Dr. B. Bhupesh Karthik
02.10 to 02.20 pm	MOWHTO - my technique, complications & bailout & tricks	Dr. S.R. Sundararajan
02.20 to 02.30 pm	ALC / meniscus root repair + HTO indications tips & tricks	Dr. R. Rajanish
02.30 to 02.40 pm	Q & A	
02.40 to 03.30 pm	LIVE SURGERY - 9 HTO +/- ACLR	Dr. S.R. Sundararajan
SESSION - 6 CARTILAGE Dr. PRAHALAD KUMAR SINGHI		
03.30 to 03.40 pm	BMAC Relive Video Technique	Dr. K. Santhosh Sahanand
03.40 to 03.55 pm	Identification & Evaluation of Cartilage lesions	Dr. Munis Ashraf
03.55 to 04.10 pm	Cartilage Repair & replacement techniques	Dr. Karthik Shukla
04.10 to 04.25 pm	Injections, in YAK do's & don't's	Dr. Baskaran
04.25 to 04.35 pm	Q & A	
04.35 to 05.15 pm	LIVE SURGERY - 10 CARTILAGE PROCEDURE	Dr. K. Santhosh Sahanand
05.20 to 05.30 pm	CONCLUSIONS	